

# 'BIG' flower lassi

*Serves 4 people*

- 1 l/ 4¼ cups iced organic yogurt and some crushed ice cubes
- About 100 g/ 3½ oz 'BIG' begonia flowers
- 2 Tbsp fruity olive oil
- 1 tsp sea salt



## ***And here's how to make it***

Blend yogurt with the crushed ice to a very creamy froth (add some cold water as needed) and half-fill well chilled drinking glasses with the mixture.

Add 'BIG' begonia flowers to the remaining yogurt and blend again. Gently pour this dyed yogurt on top of froth and serve cold.

### **Our tip:**

A fantastic revitalizing refreshment for hot summer days. Replace salt with honey to make it a children's favorite!

